

A close-up photograph of a person's hand holding a bright green resistance band. The hand is positioned in the center-right of the frame, with the fingers wrapped around the band. The band is taut and shows some creasing. The background is blurred, showing another person's arm and hand holding a similar green band. The overall image has a white border.

ESSENTIAL SUPPLIES.

EXCEPTIONAL VALUE.

Choose Medline Brand Therapy Products
Powerful Performance for Clinical Rehab

Supply Your Rehab Team with Medline Brand Products.

Quality and value-driven solutions for everyday treatments.

Exercise Bands

- » Enable exercises to improve strength, dexterity and flexibility
- » Varying levels of resistance support progressive exercise

Exercise Bands, Not Made with Natural Rubber Latex

5-Ft. Bands

Item Number	Resistance	Color	Pkg.
MDSPH042H	X-Light	Peach	ea
MDSPH043H	Light	Orange	ea
MDSPH044H	Medium	Green	ea
MDSPH045H	Heavy	Blue	ea
MDSPH046H	X-Heavy	Plum	ea
MDSPH047H	XX-Heavy	Gray	ea

5-Ft. Bands in a Dispenser Box

Item Number	Resistance	Color	Pkg.
MDSPH052Z	X-Light	Peach	30/bx
MDSPH053Z	Light	Orange	30/bx
MDSPH054Z	Medium	Green	30/bx
MDSPH055Z	Heavy	Blue	30/bx
MDSPH056Z	X-Heavy	Plum	30/bx
MDSPH057Z	XX-Heavy	Gray	30/bx

6-Yd. Rolls

Item Number	Resistance	Color	Pkg.
MDSPH007H	X-Light	Peach	ea
MDSPH008H	Light	Orange	ea
MDSPH009H	Medium	Green	ea
MDSPH010H	Heavy	Blue	ea
MDSPH011H	X-Heavy	Plum	ea
MDSPH012H	XX-Heavy	Gray	ea

25-Yd. Rolls

Item Number	Resistance	Color	Pkg.
MDSPH031H	X-Light	Peach	ea
MDSPH032H	Light	Orange	ea
MDSPH033H	Medium	Green	ea
MDSPH034H	Heavy	Blue	ea
MDSPH035H	X-Heavy	Plum	ea
MDSPH036H	XX-Heavy	Gray	ea

50-Yd. Rolls

Item Number	Resistance	Color	Pkg.
MDSPH019H	X-Light	Peach	ea
MDSPH020H	Light	Orange	ea
MDSPH021H	Medium	Green	ea
MDSPH022H	Heavy	Blue	ea
MDSPH023H	X-Heavy	Plum	ea
MDSPH024H	XX-Heavy	Gray	ea



Exercise Bands, Made with Natural Rubber Latex

5-Ft. Bands

Item Number	Resistance	Color	Pkg.
MDSBND5FTXL	X-Light	Peach	ea
MDSBND5FTL	Light	Orange	ea
MDSBND5FTM	Medium	Green	ea
MDSBND5FTH	Heavy	Blue	ea
MDSBND5FTXH	X-Heavy	Plum	ea
MDSBND5FTXXH	XX-Heavy	Gray	ea

5-Ft. Bands in a Dispenser Box

Item Number	Resistance	Color	Pkg.
MDSBND30BXXL	X-Light	Peach	30/bx
MDSBND30BXL	Light	Orange	30/bx
MDSBND30BXM	Medium	Green	30/bx
MDSBND30BXH	Heavy	Blue	30/bx
MDSBND30BXXH	X-Heavy	Plum	30/bx
MDSBND30BXXH	XX-Heavy	Gray	30/bx

Exercise Band Comparison Chart

		Medline	Thera-Band®, CanDo®
RESISTANCE	X-Light	Peach	Tan
	Light	Orange	Yellow
	Medium	Lime Green	Red
	Heavy	Blueberry	Green
	X-Heavy	Plum	Blue
	XX-Heavy	Gray	Black

6-Yd. Rolls

Item Number	Resistance	Color	Pkg.
MDSBND6YDXL	X-Light	Peach	ea
MDSBND6YDL	Light	Orange	ea
MDSBND6YDM	Medium	Green	ea
MDSBND6YDH	Heavy	Blue	ea
MDSBND6YDXH	X-Heavy	Plum	ea
MDSBND6YDXXH	XX-Heavy	Gray	ea

50-Yd. Rolls

Item Number	Resistance	Color	Pkg.
MDSBND50YDXL	X-Light	Peach	ea
MDSBND50YDL	Light	Orange	ea
MDSBND50YDM	Medium	Green	ea
MDSBND50YDH	Heavy	Blue	ea
MDSBND50YDXH	X-Heavy	Plum	ea
MDSBND50YXXH	XX-Heavy	Gray	ea



Foam Blocks

- » Four resistances for steady progression
- » Determines exercise rate by the foam's recovery time

Item Number	Resistance	Color	Pkg.
MDSR008776	X-Soft	Yellow	16/pk
MDSR008783	Soft	Pink	16/pk
MDSR004891	Medium	Green	16/pk
MDSR008790	Firm	Blue	16/pk
MDSR008806	Variety Pack	–	16/pk

Therapy Putty

- » Rehabilitation for hands, forearms and fingers
- » May also help reduce stress



MDSPTY20Z
Series

2-oz. Containers

Item Number	Resistance	Color	Pkg.
MDSPTY20ZXSH	X-Soft	Peach	ea
MDSPTY20ZSH	Soft	Orange	ea
MDSPTY20ZMH	Medium	Lime Green	ea
MDSPTY20ZFH	Firm	Blueberry	ea
MDSPTY20ZXFH	X-Firm	Plum	ea
MDSPTY20ZXXFH	XX-Firm	Gray	ea

1-lb. Containers

Item Number	Resistance	Color	Pkg.
MDSPTY1LBXSH	X-Soft	Peach	ea
MDSPTY1LBSH	Soft	Orange	ea
MDSPTY1LBMH	Medium	Lime Green	ea
MDSPTY1LBFH	Firm	Blueberry	ea
MDSPTY1LBXFH	X-Firm	Plum	ea
MDSPTY1LBXXFH	XX-Firm	Gray	ea

4-oz. Containers

Item Number	Resistance	Color	Pkg.
MDSPTY40ZXSH	X-Soft	Peach	ea
MDSPTY40ZSH	Soft	Orange	ea
MDSPTY40ZMH	Medium	Lime Green	ea
MDSPTY40ZFH	Firm	Blueberry	ea
MDSPTY40ZXFH	X-Firm	Plum	ea
MDSPTY40ZXXFH	XX-Firm	Gray	ea

5-lb. Containers

Item Number	Resistance	Color	Pkg.
MDSPTY5LBXSH	X-Soft	Peach	ea
MDSPTY5LBSH	Soft	Orange	ea
MDSPTY5LBMH	Medium	Lime Green	ea
MDSPTY5LBFH	Firm	Blueberry	ea
MDSPTY5LBXFH	X-Firm	Plum	ea

Therapy Putty Comparison Chart

RESISTANCE	Medline		Theraputty®
	X-Light	Peach	Tan
	Light	Orange	Yellow
	Medium	Lime Green	Red
	Heavy	Blueberry	Green
	X-Heavy	Plum	Blue
	XX-Heavy	Gray	Black

Gel Hand Exercise Balls

- » Enable squeeze exercises to help increase fine and gross motor skills
- » Also helps with grip strength, dexterity and mobility

Item Number	Resistance	Color	Pkg.
MDSR007755	X-Soft	Pink	ea
MDSR007762	Soft	Purple	ea
MDSR007779	Medium	Green	ea
MDSR007786	Firm	Orange	ea
MDSR007793	X-Firm	Black	ea
MDSR007809	Variety Pack	-	5/pk



MDSR007755

MDSR007779

Hip Kits

A bundle of items most needed by patients recovering from hip or knee surgery to improve mobility and independence.

Economy Hip Kits

- » 26" or 32" reacher
- » 16.5" plastic shoehorn
- » Formed sock aid with built-up handles
- » Contoured bath sponge

Item Number	Description	Pkg.
MDSR020051	Economy Hip Kit, 26" Reacher	ea
MDSR020228	Economy Hip Kit, 32" Reacher	ea



Premium Hip Kits

- » 26" or 32" reacher
- » 24" steel shoehorn
- » Formed sock aid with built-up handles
- » Contoured bath sponge
- » 26" dressing stick
- » 26" black and white packs of shoelaces

Item Number	Description	Pkg.
MDSR020068	Premium Hip Kit, 26" Reacher	ea
MDSR020235	Premium Hip Kit, 32" Reacher	ea



Sock Aids

- » Help individuals with limited range of motion more easily pull on socks
- » A variety of styles and materials available

Item Number	Description	Pkg.
MDSA1240H	Soft Blue Padding	ea
MDSR017518	Formed with Foam Grip Handles	ea
MDSR002217	Flexible Terry Cloth	ea
MDSR020433	Formed Flexible Plastic with a Single Cord	ea
MDSR020174	Wide Formed Flexible Plastic with a Single Cord	ea
MDSA1241H	Plastic Economy Sock Aid	ea



Shoelaces

- » Elastic provides better support than standard lace material
- » Coiler shoelaces don't need to be tied, ideal for individuals who have decreased finger dexterity or trouble bending

Item Number	Description	Color	Pkg.
MDSR005270PR	Elastic, 26"	White	pr
MDSR005263	Elastic, 26"	Black	pr
MDSR005294PR	Elastic, 36"	White	pr
MDSR005300	Elastic, 36"	Black	pr
MDSSPPSC401	Coiler Shoelaces	White	pr
MDSSPPSC402	Coiler Shoelaces	Black	pr



Button and Zipper Aids

- » Make buttoning and zipping apparel easier
- » Promote confidence and independence

Item Number	Description	Pkg.
MDSR002125	Button Aid with Zipper Pull	ea
MDSR002057	Button Aid with Foam Handle	ea
MDSR002262	Ring Zipper Pull	3/pk

Shoehorns

- » Help individuals with limited range of motion more easily pull on socks
- » A variety of styles and materials available

Item Number	Description	Length	Pkg.
MDSASH16H	Plastic Shoehorn	16"	ea
MDSASH24H	Plastic Shoehorn	24"	ea
MDSR020242	Steel Shoehorn with Red Grip	18"	ea
MDSR019987	Steel Shoehorn with Red Grip	24"	ea
MDSR002156	Stainless Steel Shoehorn	30"	ea



Dressing Stick

- » Helps with putting on jackets and pulling up pants and skirts
- » Helpful for anyone who has difficulty bending, a limited range of movement, or the use of only one arm or one hand

Item Number	Length	Pkg.
MDSR020143	26"	ea

Pistol Grip Reachers

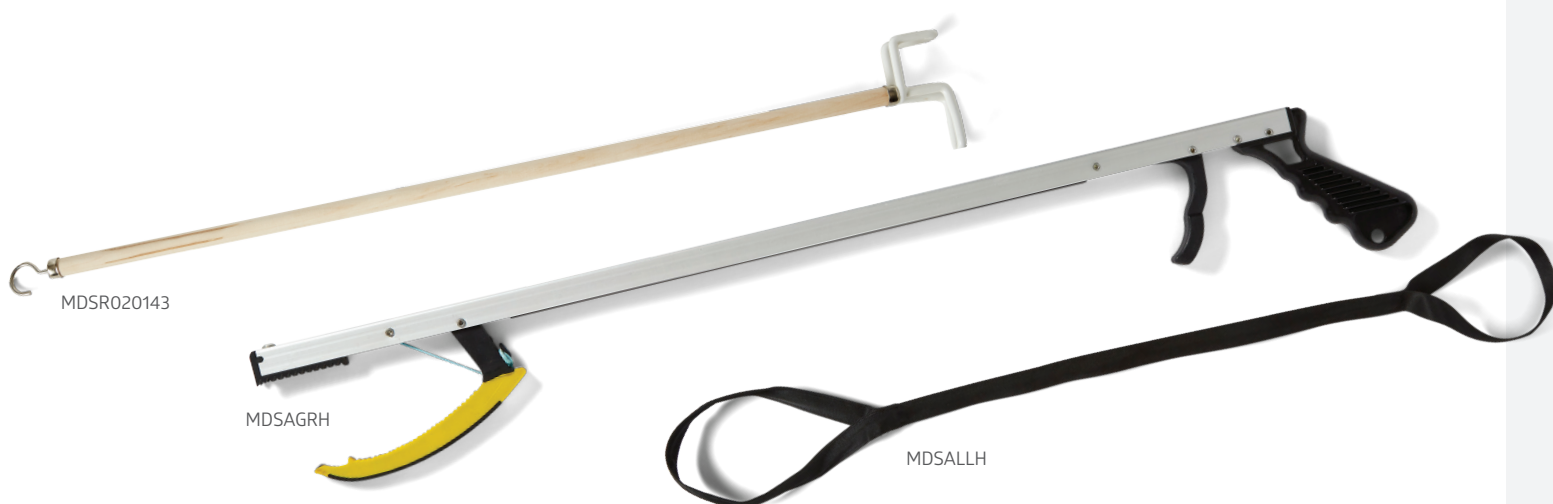
- » Pistol grip reacher aids individuals with limited reach and hand strength
- » Squeeze trigger closes the jaw tightly for secure grabbing

Item Number	Description	Pkg.
MDSAGR26H	26"	ea
MDSAGR32H	32"	ea

Leg Lifter, Black

- » Bendable and durable for lifting one leg at a time
- » Promotes independence and dignity

Item Number	Length	Pkg.
MDSALLH	40"	ea





Great Grip Utensils

- » Soft, built-up handle for easy grip
- » Metal shaft is bendable right or left at any angle to fit specific needs

Item Number	Description	Pkg.
MDSR020471	Set of Four Utensils: Fork, Serrated Knife, Tablespoon, Teaspoon	4/set
MDSR007182	Fork	ea
MDSR000060	Serrated Knife	ea
MDSR004273	Tablespoon	ea
MDSR004280	Soupspoon	ea
MDSR004716	Spork	ea
MDSR007175	Teaspoon	ea

Weighted Great Grip Utensils

- » Better control with built-up handle and 6-oz. of added weight
- » Head is bendable for individuals with limited hand control, Parkinson's disease or spasticity

Item Number	Description	Pkg.
MDSR020488	Set of Four Weighted Utensils: Fork, Serrated Knife, Tablespoon, Teaspoon	4/set
MDSR007465	Weighted Fork	ea
MDSR000046	Weighted Serrated Knife	ea
MDSR004297	Weighted Tablespoon	ea
MDSR007458	Weighted Teaspoon	ea
MDSR004303	Weighted Soupspoon	ea



Utensil Holder

- » Easy to hold eating and writing utensils
- » Ideal for people with limited hand function

Item Number	Description	Pkg.
MDSR001791	Holder for Dining Utensils	ea

MDSR000152



MDSR000183



Lightweight Utensils

- » Utensils weigh only 1.1 oz.
- » Black nylon handle

Item Number	Description	Pkg.
MDSR000152	Lightweight Fork	ea
MDSR000183	Lightweight Knife	ea
MDSR000176	Lightweight Tablespoon	ea
MDSR000169	Lightweight Teaspoon	ea

MDSR001784



Divided Dishes

- » Compartments separate different foods
- » High rim makes scooping easier

Item Number	Description	Pkg.
MDSR001784	Speckled Divided Dish	ea
MDSR001562	High-Sided Divided Dish	ea

MDSR001470



Plate with Inner-Lip

- » Unique inner lip for pushing food onto a utensil
- » Speckled finish

Item Number	Description	Pkg.
MDSR001470	Speckled Inner-Lip Plate	ea

MDSR000725



Plate Guards

- » Keeps food on the plate
- » Hooks securely onto 9" - to 11"- diameter plates with three hooks

Item Number	Description	Size	Pkg.
MDSR000787	White Plastic	Large	ea
MDSR000572	Stainless Steel	Small	ea
MDSR000725	Stainless Steel	Large	ea
MDSAPGH	Clear Plastic	Large	ea

Nosey Cup Drinking Aids

- » Enables drinking with little or no movement of the shoulder, head, neck or wrist
- » Avoids interference with the nose and eyeglasses

Item Number	Size	Pkg.
MDSSPN4	4-oz.	ea
MDSSPN8	8-oz.	ea
MDSSPN12	12-oz.	ea



MDSSPN8

Independence Mugs

- » Easy to pick up and hold
- » Includes two lids: spout lid contoured to fit comfortably in the mouth, anti-splash lid to help direct the flow of liquid

Item Number	Description	Pkg.
MDSSPPSC56	6-oz., Non-Weighted, Two Handles	ea
MDSSPPSC50	12-oz., Non-Weighted, Two Handles	ea
MDSSPPSC55	10-oz., Non-Weighted, One Handle	ea
MDSR020518	8-oz., Weighted, Two Handles	ea
MDSSPPSC54016	Replacement Spout Lids	6/pk
MDSSPPSC54026	Replacement Anti-Splash Lids	6/pk



MDSSPPSC50

Kennedy Cup

- » With the lid screwed on, liquid will not leak out even if upside down
- » Lightweight and designed for use with a straw

Item Number	Description	Pkg.
MDSSPKCUP	7-oz. Spill-Proof Drinking Cup	ea
MDSSPKCUPLID6	Replacement Lids	6/pk



MDSSPKCUP

Mugs with Tumbler Lid

- » Easy-to-grasp handle
- » Use with hot or cold liquids

Item Number	Description	Pkg.
MDSR000862	12-oz., Non-Weighted	ea
MDSR000749	12-oz., Weighted	ea



MDSR000749



MDSR003108PK

Plastic Stacking Cones

- » Enable therapeutic upper-extremity activities
- » Ideal for practicing reaching and grasping, eye-hand coordination, color identification and perceptual training

Item Number	Description	Pkg.
MDSR003092PK	Small Set of Cones	30/pk
MDSR003108PK	Large Set of Cones	30/pk



MDSR005669PK



MDSR005638PK

Foam Tubing

- » Easy and convenient way to build up handles and improve gripping
- » High-quality durable material

Item Number	Dimensions	Pkg.
MDSR005638PK	1.13"OD x 0.38"ID x 18"L	4/pk
MDSR005645PK	1.13"OD x 0.6"ID x 18"L	4/pk
MDSR005669PK	1.13"OD x 0.38"ID x 18"L	4/pk
MDSR005621	7/8"OD x 0.25"ID x 18"L	4/pk
MDSR005652PK	Assorted, 18"L	4/pk



MDSPALMPROL

Palm Guards

- » Help prevent finger contractures and skin breakdown in the palm
- » Sherpa fabric lining with closed-cell foam

Item Number	Description	Pkg.
MDSPALMPROL	Palm Guard, Left	ea
MDSPALMPROR	Palm Guard, Right	ea
MDSPALMPROLPK	Palm Guard, Left	3/pk
MDSPALMPRORPK	Palm Guard, Right	3/pk



MDSR020457



MDSABTHSPNGRH

Sponges

- » Long handles help with hard-to-reach areas for effective cleansing without straining
- » Promote independence and dignity

Item Number	Description	Length	Pkg.
MDSABTHSPNGCH	Contoured with Straight Handle	22"	ea
MDSR020457	Contoured with Bendable Handle	18"	ea
MDSABTHSPNGRH	Round with Straight Handle	22"	ea



Continuous Passive Motion (CPM) Padding Kit

- » Provide comfort and enable the best use of your CPM machines
- » High-pile fleece and polyester fabrics for patient comfort
- » Pad backing is thick foam
- » Compatible with CHT2026 CPM unit

Item Number	Description	Pkg.
MDSPCPMPADH	CPM Knee Padding Kit	ea



MDSPH Series

Moist Heat Packs

- » Delivers up to 30 minutes of therapeutic heat
- » Various sizes accommodate different areas of the body

Item Number	Description	Pkg.
MDSPH10HH	Standard, 10" x 12" (25.4 x 30.5 cm)	ea
MDSPH20HH	Cervical, 7" x 24" (17.8 x 61 cm)	ea
MDSPH30HH	Oversized, 15" x 24" (38.1 x 61 cm)	ea
MDSPH40HH	Half-Sized, 5" x 12" (12.7 x 30.5 cm)	ea
MDSPH50HH	Knee/Shoulder, 10" x 20" (25.4 x 50.8 cm)	ea

Moist Heat Pack Covers

Heat Pack Style	Foam Filled Terry Cloth Covers	Terry Cloth Covers	Pkg.
Standard	MDSP111360	MDSP111366	ea
Cervical	MDSP111361	MDSP111367	ea
Oversized	MDSP111362	MDSP111368	ea
Half-Sized	MDSP111363	MDSP111369	ea



Handheld Respiratory Muscle Training Device

- » Training device help strengthen inspiratory and expiratory muscles

Item Number	Description	Pkg.
MDSBREATHE	Med-Breathe, Speech Therapy Device	ea



MDSPC Series

Reusable Cold Packs

- » Durable blue vinyl material
- » Various sizes accommodate different areas of the body
- » Soft and pliable, even after freezing

Item Number	Description	Pkg.
MDSPC10HH	Standard, 11" x 14" (28 x 35.6 cm)	ea
MDSPC20HH	Cervical, 6" x 23" (15.2 x 58.4 cm)	ea
MDSPC30HH	Oversized, 12" x 21" (30.5 x 53.3 cm)	ea
MDSPC40HH	Half-Sized, 7" x 11" (17.8 x 28 cm)	ea
MDSPC50HH	Quarter-Sized, 6" x 7" (15.2 x 17.8 cm)	ea



ActiCE™ Topical Pain Reliever

- » **Compare to Biofreeze***
- » Fast-acting topical analgesic for temporary relief of pain associated with arthritis, muscle aches and back injuries
- » Long-lasting cold therapy with 8% cooling menthol
- » Paraben free and contains no dyes
- » Includes gentle conditioners that leave skin feeling soft

Item Number	Description	Pkg.
MDSAICEPKH	100 5 gm Pack	ea
MDSAICEROLLH	Roll On, 3-oz.	ea
MDSAICESPRYH	Spray, 4-oz.	ea
MDSAICEGELH	Gel Tube, 4-oz.	ea
MDSAICE16H	Gel Pump, 16-oz.	ea
MDSAICE32H	Gel Pump, 32-oz.	ea
MDSAICEGALH	Gel Pump, 1 gal.	ea

To learn more, contact your Medline Representative, visit us at medline.com, or call 1-800-MEDLINE.



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